



# PARENT INFORMATION NETWORK

The Parent Information Network is a parent information and support program designed to help families of children and young adults ages 5-25 with serious emotional, behavioral, and/or mental health challenges. Our mission is to empower families and assist them in navigating the system and accessing supports and services for their child or young adult. **Services are confidential and free of charge.**

## Our Services Include:

- ✓ Parent Support Groups
- ✓ Dads Support Group
- ✓ Couples Support Group
- ✓ One-on-One Support
- ✓ Parent / Community Education
- ✓ Resource Center
- ✓ Monthly Newsletter

Parent Information Network helps parents and caregivers stay connected with other parents to help reduce the stress and isolation many feel as they cope with raising a child with mental health needs. The program is staffed by trained Parent Coordinators (PCs) who have faced similar challenges parenting their own children.

**For more information, contact:**

508-947-8779

Parent Information Network is a BAMSI program funded by the Department of Mental Health